



OXBOW

A C A D E M Y

2024 Student Profile & Treatment Outcomes



How Oxbow Academy Uses Outcomes Data for Continuous Improvement

At Oxbow Academy we are committed to providing top-quality care for struggling teen boys. We use real-time data, outcome tracking, and regular feedback from students, parents, and staff to guide continuous program improvement. This data-driven approach helps our leadership team make informed, timely adjustments that are carefully monitored to ensure they positively impact each student's journey.

Our commitment to Quality Improvement

Oxbow Academy is deeply dedicated to the continuous improvement of our therapeutic program. This necessitates the real-time measurement of key trends across all operational aspects. Data is continuously collected, compiled, and rigorously analyzed. Furthermore, our leadership team actively seeks feedback through surveys from parents, students, and staff. This vital feedback mechanism allows us to proactively identify areas for enhancement in safety, treatment effectiveness, and the cultivation of a supportive therapeutic environment.

Our ongoing reviews cover critical program elements such as medical support, therapy (individual, group, and family), milieu, nutrition, facilities, academics, parent support, experiential activities, peer culture, psychiatric services, communication, recreation, life skills, and transitional planning.

The Oxbow Academy leadership team continuously reviews this data and feedback, enabling real-time adjustments and program improvements. This dynamic approach ensures our responsiveness to our students' evolving needs and our consistent pursuit of optimal outcomes.



Impact on your family

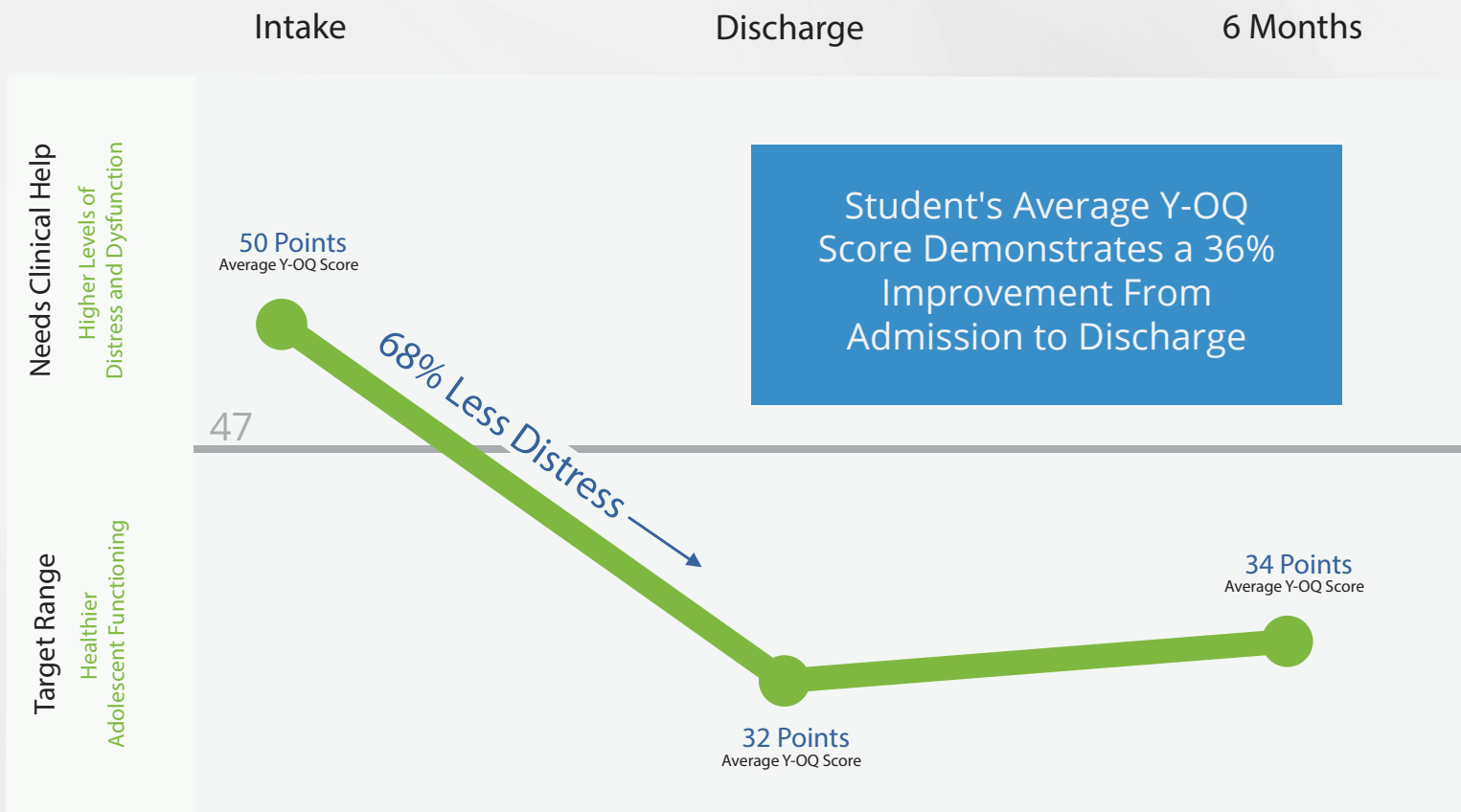
To help you better understand the impact of Oxbow Academy's program in 2024, this document includes specific data points illustrating the positive outcomes and growth our students have achieved. These key indicators offer a clearer understanding of the transformative impact of our comprehensive and individualized treatment model, designed to support your son's healing and facilitate positive change within your family.

Measurement of Overall Improvement

Youth Outcome Questionnaire (Y-OQ)

The Youth Outcome Questionnaire (Y-OQ) is a tool developed to measure adolescent functioning. The Y-OQ has been validated and normed and is considered useful in measuring the progress of teens who may require outpatient or inpatient treatment. Lower scores mean fewer problems and better functioning. The Y-OQ helps us track improvement directly from their perspective – a vital measure of how they experience their healing journey during and after treatment.

Students complete the Y-OQ at enrollment, discharge, and six months post discharge. This self-reported data helps us measure progress and long-term impact.



When reviewing Y-OQ scores, it's important to understand that **lower scores indicate better emotional and behavioral health. The goal is to see the scores of our students decrease over time.** A downward trend reflects meaningful progress as students build coping skills, improve emotional regulation, and move toward overall well-being.

18
Point Improvement

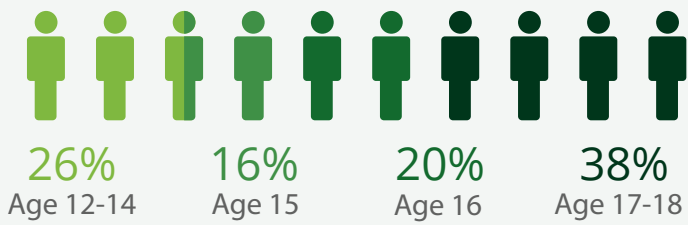
Oxbow Academy Surpasses Clinical Standard -
A 13 Point Change Is Considered
Clinically Significant

Student Profile

Oxbow Academy is Specifically Designed to Offer Treatment to Male Students for:

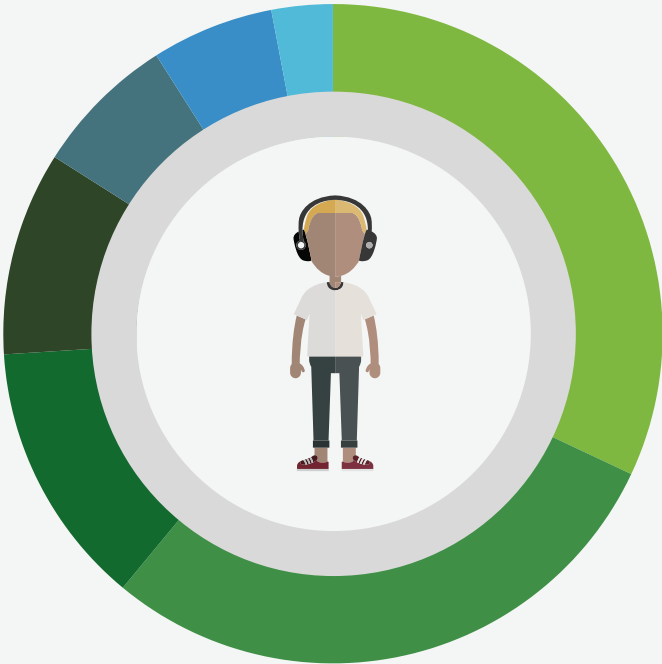
- Problematic Sexual Behaviors
- Pornography Abuse
- Sexual Reactivity
- Sexual Abuse
- Other Compulsive Behavior Issues

AGE



Student Diagnoses + Symptoms

Students At Oxbow Academy Struggle With The Following Issues



- 32% - Depressive Mood Disorder
- 29% - Impulse Control Disorder
- 13% - Trauma/Stress Disorder
- 10% - ADHD
- 7% - Behavioral Disorder
- 6% - Autism Spectrum Disorder
- 3% - Other



Scan the QR Code to View our Academics Outcomes.

Oxbow Academy has Proudly Served Over 540 Families Over the Last 19+ Years

Hear **from the parents** who have been in our program!



90%

of parents reported being **satisfied with the quality of treatment they recieved at Oxbow Academy.**

92%

of parents reported **they were satisfied with the treatment they recieved at Oxbow Academy.**

Hear **from the students** who have been in our programs!

93%

of Students reported feeling **satisfied with the Treamtent they recieved at Oxbow Academy.**



93%

of students reported **much improvement as a result of completing treatment at Oxbow Academy**

The research methodology includes the administration of an automated survey to all students at predetermined intervals during treatment for data gathering purposes.